



Menu Plan Week One

Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack Sausage and Egg Breakfast Sandwiches	Morning Snack Cereal & Milk	Morning Snack Toast & Jam with Apples	Morning Snack Yogurt & Cereal Bars	Morning Snack Scrambled eggs & Hash browns
Lunch Chicken Burgers With Veggies Milk	Lunch Spaghetti & Meat sauce with Garden Salad Milk	Lunch Pulled Pork Sandwiches with Pasta Salad Milk	Lunch Baked Cheese and Chicken Penne With Zucchini Milk	Lunch Fish & Chips with Corn Milk
Afternoon Snack Vanilla Pudding With Peaches	Afternoon Snack Tortilla Chips With Salsa & Sour Cream	Afternoon Snack Graham Crackers With WOW butter & Seasonal Fruit	Afternoon Snack Bananas With Corn Bread	Afternoon Snack Teddy Grams & Apple Sauce

Notes: Water is available with all meals and throughout the day



Menu Plan Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack Waffles & Berries	Morning Snack Cereal & Milk	Morning Snack Apples & Cheese	Morning Snack Toast & Bananas	Morning Snack Pancakes & Milk
Lunch Chicken Quesadilla`s With Mushroom Soup & Veggies Milk	Lunch Turkey & Mozza Melts With Garden Salad Milk	Lunch Meatloaf & Potatoes With Caesar Salad Milk	Lunch Homemade Pizza & Veggies Milk	Lunch Chili & Biscuits Milk
Afternoon Snack WOW Butter, Pretzels & Cucumbers	Afternoon Snack Zucchini Muffins & Fruit	Afternoon Snack Veggies & Dip With Gold Fish Crackers	Afternoon Snack Bananas & Ice Cream	Afternoon Snack Graham Crackers & Oranges

Notes: Water is available with all meals and throughout the day



Bonnyville & District
DAYCARE

Menu Plan Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack French Toast & Fruit	Morning Snack Oatmeal & Milk	Morning Snack Cereal & Milk	Morning Snack Hardboiled Eggs With Turkey Bacon	Morning Snack Yogurt with Fruit
Lunch Sloppy Joes & Caesar Salad Milk	Lunch Mini Chicken Pot Pies With Garden Salad Milk	Lunch Fish Tacos With Veggies Milk	Lunch Pizza Subs With Mixed Veggies Milk	Lunch Beef Stroganoff With Veggies Milk
Afternoon Snack Rice Cakes & Cucumber	Afternoon Snack Bananas & Ice Cream	Afternoon Snack Cheese, Pickles & Crackers	Afternoon Snack Apples & WOW butter	Afternoon Snack Cookies & Veggies

Notes: Water is available with all meals and throughout the day



Menu Plan Week Four

Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack Oranges & Yogurt	Morning Snack Cereal Bars & Fruit	Morning Snack Cereal, Bananas & Milk	Morning Snack Smoothies & Arrowroot Crackers	Morning Snack Pancakes & Breakfast Sausage
Lunch Grilled Cheese Sandwiches & Tomato Soup Milk	Lunch Pork Meatballs with Sweet & Sour sauce With Rice & Garden Salad Milk	Lunch Roast Beef Potatoes & Gravy With Mixed Veggies Milk	Lunch Chicken Stir Fry With Oriental Noodles Milk	Lunch Turkey sandwiches With Carrots & Cucumbers Milk
Afternoon Snack Cheese, Sausage & Crackers	Afternoon Snack Veggies & Dip	Afternoon Snack Jello & Fruit With Cool Whip	Afternoon Snack Crackers, Cheese & Pickles	Afternoon Snack Trail Mix & Canned Fruit

Notes: Water is available with all meals and throughout the day



Menu Plan Week Five

Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack Yogurt & Peaches	Morning Snack Cereal & Milk	Morning Snack Apples & Cheese	Morning Snack Oatmeal & Milk	Morning Snack Banana Muffins & Fruit
Lunch Beef Vegetable Soup With Buns Milk	Lunch Lasagne, Caesar Salad & Garlic Toast Milk	Lunch Pork Chops, Perogies & Veggies Milk	Lunch PB&J (WOW butter) Sandwiches With Celery & Strawberries Milk	Lunch Soft Chicken Tacos & Veggies Milk
Afternoon Snack Crackers, Cheese & Hummus	Afternoon Snack Gold Fish Crackers & Cucumbers	Afternoon Snack Mini Crispie's & Fruit	Afternoon Snack Fruit Salad & Crackers	Afternoon Snack Canned Pears & Tea Biscuits

Notes: Water is available with all meals and throughout the day